# Naloxone for Overdose Prevention

**Patient Information**
- Patient name: 
- Date of birth: 
- Patient address: 
- Patient city, state, ZIP code: 

**Rx**
- Prescriber name: 
- Prescriber address: 
- Prescriber city, state, ZIP code: 
- Prescriber phone number: 

**Medication Information**
- Naloxone HCl 1 mg/mL
  - 2 x 2 mL as pre-filled Luer-Lock needless syringe
    (NDC 76329-3369-1)
- Refills: _____
- 2 x Intranasal Mucosal Atomizing Device (MAD 300)
- Refills: _____

For suspected opioid overdose, spray 1mL in each nostril. Repeat after 3 minutes if no or minimal response.

Pharmacist: Call 1-800-788-7999 to order MAD 300.

**Prescriber Signature**

**How to Avoid Overdose**
- Only take medicine prescribed to you
- Don’t take more than instructed
- Call a doctor if your pain gets worse
- Never mix pain meds with alcohol
- Avoid sleeping pills when taking pain meds
- Dispose of unused medications
- Store your medicine in a secure place
- Learn how to use naloxone
- Teach your family + friends how to respond to an overdose

**Are they breathing?**

Signs of an overdose:
- Slow or shallow breathing
- Gasping for air when sleeping or weird snoring
- Pale or bluish skin
- Slow heartbeat, low blood pressure
- Won’t wake up or respond (rub knuckles on sternum)

**Call 911 for help**

All you have to say:
“Someone is unresponsive and not breathing.”
Give clear address and location.

**Airway**

Make sure nothing is inside the person’s mouth.

**Prevent Naloxone**

Are they any better?
Can you get naloxone and prepare it quickly enough that they won’t go for too long without your breathing assistance?

**Rescue breathing**

Oxygen saves lives. Breathe for them.
One hand on chin, tilt head back, pinch nose closed.
Make a seal over mouth & breathe in 1 breath every 5 seconds
Chest should rise, not stomach

**Evaluate + support**

- Continue rescue breathing
- Give another 2 sprays of naloxone in 3 minutes if no or minimal breathing or responsiveness
- Naloxone wears off in 30-90 minutes
- Comfort them; withdrawal can be unpleasant
- Get them medical care and help them not use more opiate right away
- Encourage survivors to seek treatment if they feel they have a problem

**Source:** HarmReduction.org