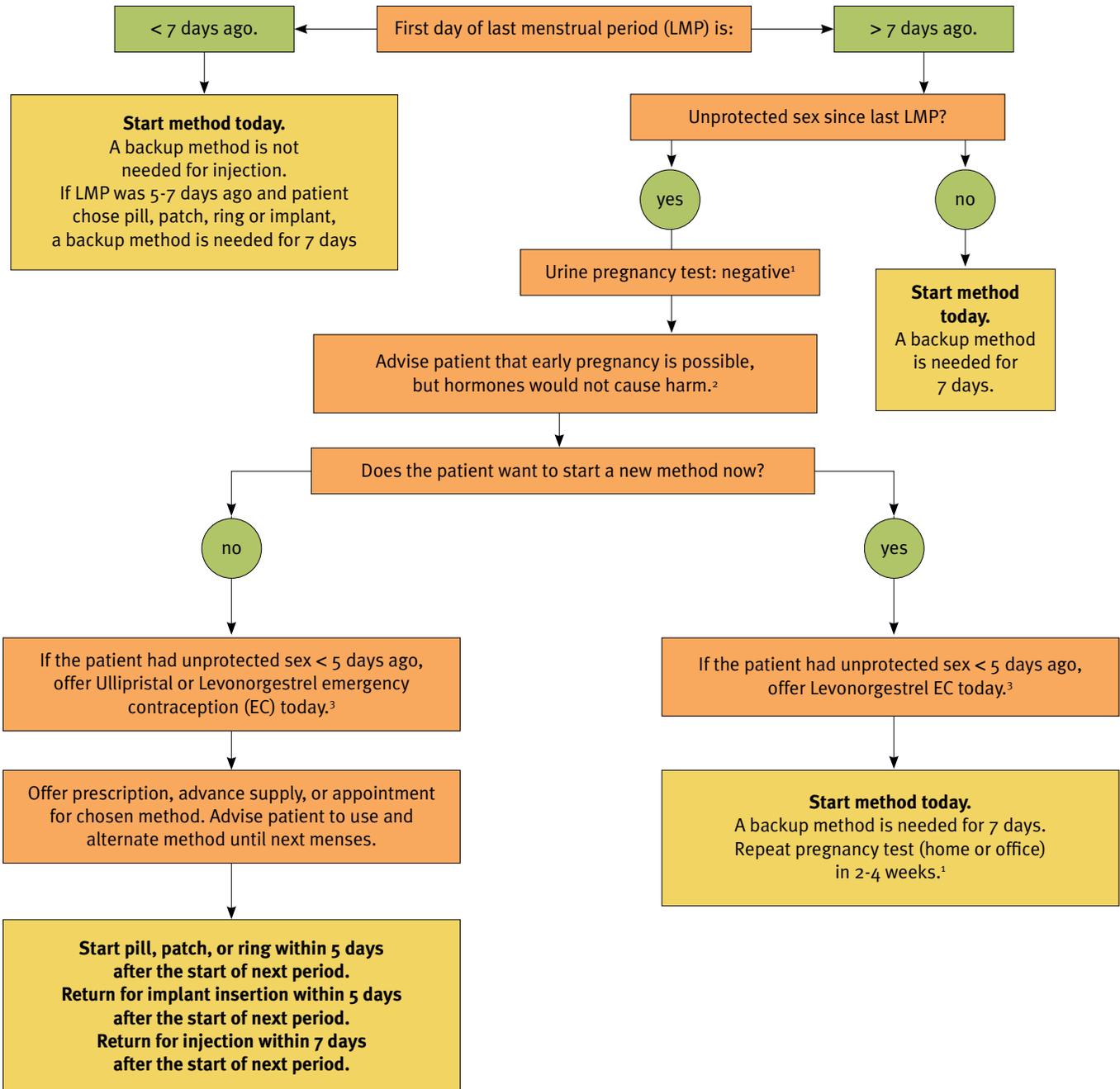


# Quick Start Algorithm for Hormonal Contraception<sup>2</sup>

Patient requests new birth control method:

**Pill, Patch, Ring, Injection, Implant**

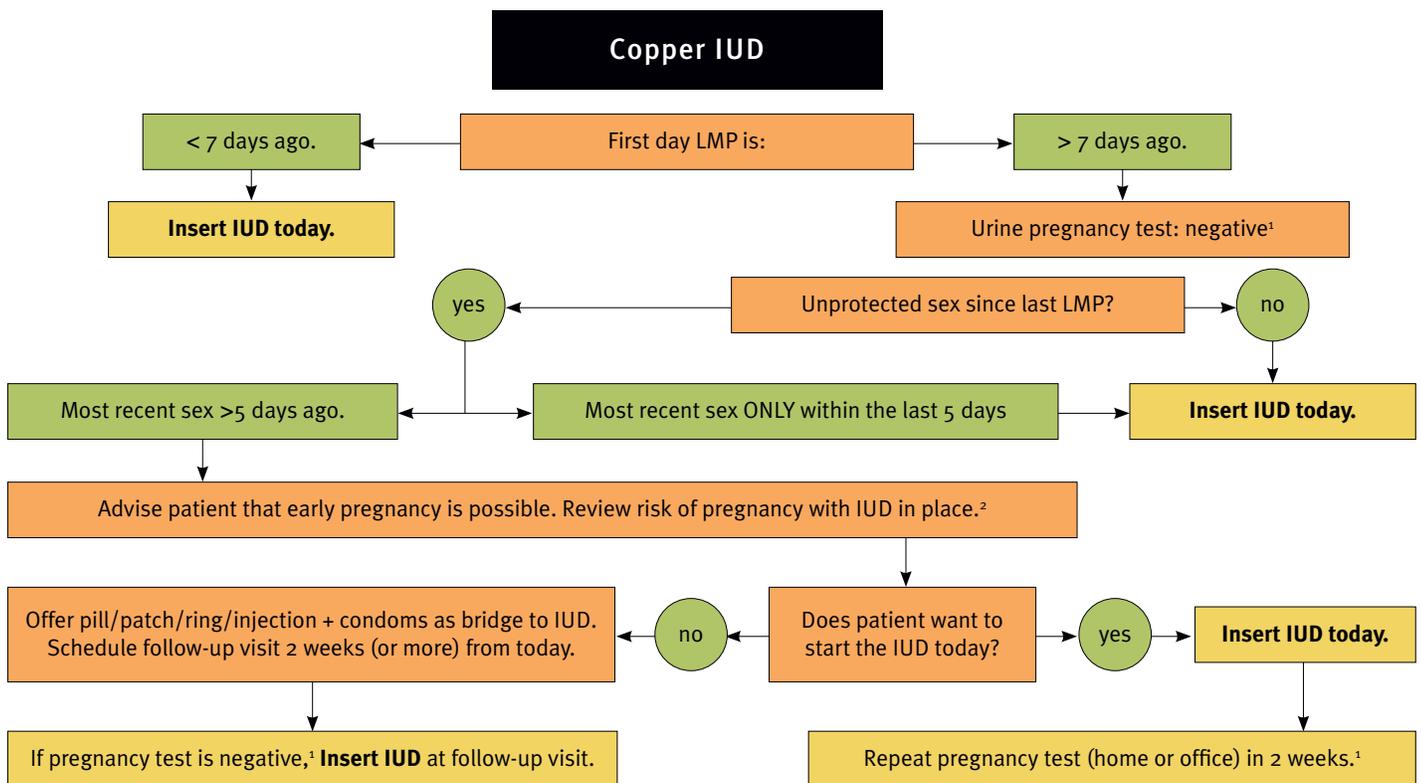
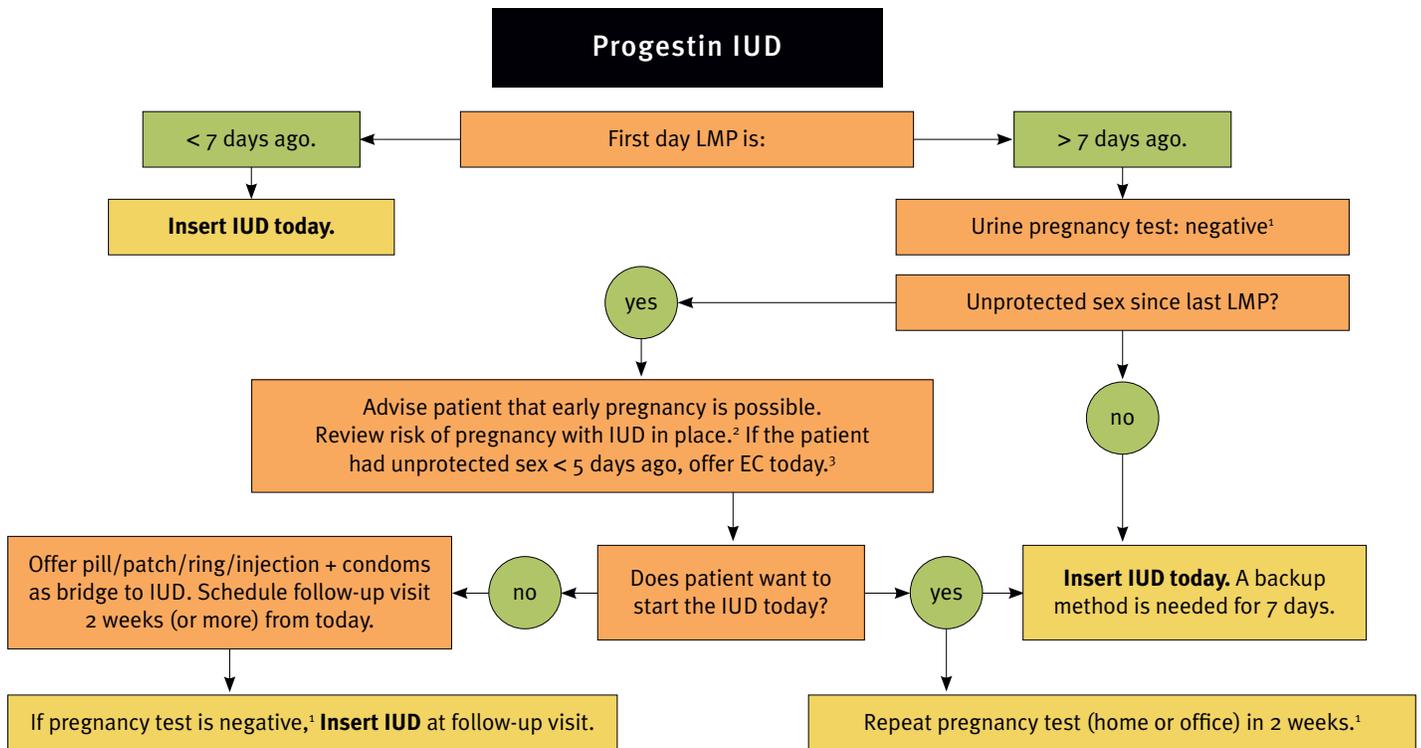


<sup>1</sup> If pregnancy test is positive, provide options counseling.

<sup>2</sup> CDC advises that benefits of starting contraceptive likely exceed risk of early pregnancy.

<sup>3</sup> For patients with body mass index over 25, levonorgestrel EC works no better than placebo. Ulipristal EC has higher efficacy than levonorgestrel EC for those who had unprotected sex 3-5 days ago. Because hormones may decrease the efficacy of ulipristal, the new method should be started no sooner than 5 days after ulipristal. Consider starting injection/IUD/implant sooner if benefit outweighs risk.

# Quick Start Algorithm for IUDs<sup>2</sup>



<sup>1</sup> If pregnancy test is positive, provide options counseling.

<sup>2</sup> CDC advises ruling out pregnancy before IUD insertion. Clinicians may discuss the benefits of same-day insertion (improved access/patient convenience), balanced against a small risk of early pregnancy, which would be complicated by IUD insertion.

<sup>3</sup> For patients with body mass index over 25, levonorgestrel EC works no better than placebo. Ulipristal EC has higher efficacy than levonorgestrel EC for those who had unprotected sex 3-5 days ago. Because hormones may decrease the efficacy of ulipristal, the new method should be started no sooner than 5 days after ulipristal. Consider starting injection/IUD/implant sooner if benefit outweighs risk.