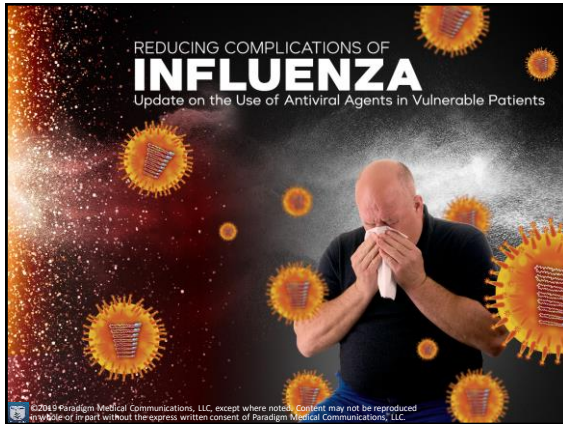


# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients



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## Steering Committee



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Associate Professor  
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## Disclosures

**Jason E. Bowling, MD**  
*Retained Consultant:* BioGaia Pharma

**James S. Lewis II, PharmD, FIDSA**  
*Retained Consultant:* Merck & Co, Inc; Tetrphase Pharmaceuticals

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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients

## Notes

- There will be a Q&A session at the end of the program
  - If you would like to pose a question to the faculty, please write it on the question card in your folder
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## CPE Information (continued)

### Learning Objectives

- Identify appropriate candidates for antiviral therapy based on risk for influenza-related complications, in accordance with current guideline recommendations
- Determine the need for influenza treatment based on patient signs, symptoms, and accurate interpretation of appropriate diagnostic tests when necessary
- Evaluate the latest safety and efficacy data for novel antiviral treatment to determine its role in the influenza treatment paradigm

### Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA.

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## Agenda

- Introduction
- Case Studies:  
Identifying Candidates for Antiviral Therapy
- Antiviral Therapy for Influenza Treatment
- Q&A

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## Introduction

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## Influenza Is More Than a Nuisance

### Burden of Influenza in the United States, 2017-2018

<p>The estimated number of flu illnesses during the 2017-2018 season:</p> <p><b>49 million</b></p> <p>More than the combined populations of Texas and Florida</p>	<p>The estimated number of flu hospitalizations during the 2017-2018 season:</p> <p><b>960,000</b></p> <p>More than the number of staffed hospital beds in the U.S.</p>	<p>The estimated number of flu deaths during the 2017-2018 season:</p> <p><b>79,000</b></p> <p>More than the average number of people who attend the Super Bowl each year</p>
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CDC. 12/18/18. www.cdc.gov/flu/about/burden/2017-2018.htm. Accessed 3/27/19.

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## Of Those Hospitalized With Influenza, Most Were High-Risk Patients

Of those hospitalized for influenza during the 2017-2018 season, 92% had  $\geq 1$  underlying medical condition

### Most Common Underlying Conditions Among Those Hospitalized With Influenza, 2017-2018

Condition	Percentage
Cardiovascular disease	46%
Metabolic disorders (eg, diabetes)	43%
Obesity	37%
Chronic lung disease	30%

PR Newswire. 11/28/18. www.prnewswire.com/news-releases/new-call-to-action-issued-on-the-dangers-of-influenza-among-adults-with-chronic-health-conditions-300756618.html. Accessed 3/27/19.

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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients

## The CDC Considers Many Patients High Risk

- Children <2 y old<sup>a</sup>
- Adults ≥65 y old
- Chronic conditions
  - Pulmonary (eg, asthma, COPD)
  - Cardiovascular (except hypertension alone)
  - Renal
  - Hepatic
  - Hematologic (eg, sick cell disease)
  - Metabolic (eg, diabetes)
  - Neurologic (eg, seizures, stroke, developmental delays)
- Immunosuppressed
- Obese (BMI ≥40 kg/m<sup>2</sup>)
- Pregnant or postpartum (within 2 wk of delivery)
- <19 y old, receiving long-term aspirin therapy
- American Indians
- Alaska Natives
- Long-term care residents

<sup>a</sup>Although all children <5 y old are considered at higher risk for complications from influenza, the highest risk is for those <2 y old. BMI, body mass index; CDC, Centers for Disease Control and Prevention; COPD, chronic obstructive pulmonary disease. CDC. 12/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.html. Accessed 3/27/19.

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## Influenza Is Especially Dangerous in Patients Who Are at High Risk for Complications

- During the 2017-2018 flu season, highest hospitalization rates were among adults age 50-64 and 65+
- US adults with chronic health conditions are at high risk for flu-related complications
  - Exacerbation of chronic health conditions
  - Permanent physical decline
  - Risk of heart attack or stroke
  - Death
- 90% of flu-related deaths occur in adults 65+
- 15+ million have heart disease and one 10K more likely to have a heart attack within 3 days of the infection
- 31+ million have asthma and/or COPD putting them at greater risk of severe flu-related complications
- 30+ million have diabetes and are at increased risk of flu-related hospitalization

National Foundation for Infectious Diseases. www.nfid.org/info/influenza/flu-che-download-kep-infographic. Accessed 3/27/19.

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## Few Adults Recognize That Chronic Conditions Confer a Higher Risk of Influenza Complications

US Adults Who Understand the Connection Between Chronic Conditions and Risk of Serious Influenza Complications, %

Chronic Condition	Percentage of US Adults
Heart disease	24%
Diabetes	22%
AMI	16%
Worsening of diabetes	16%
Stroke	13%
Disability	10%

AMI, acute myocardial infarction. PR Newswire. 11/28/18. www.prnewswire.com/news-releases/new-call-to-action-issued-on-the-dangers-of-influenza-among-adults-with-chronic-health-conditions-300756618.html. Accessed 3/27/19.

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## Vaccination, the First Line of Defense: Vaccine Effectiveness ≈36%, 2017-2018<sup>1</sup>

### the benefits of flu vaccination 2017-2018<sup>2,3</sup>

- The estimated number of flu illnesses prevented by vaccination during the 2017-2018 season: **7 million**  
About the population of New York City
- The estimated number of flu hospitalizations prevented by vaccination during the 2017-2018 season: **109,000**  
About the number of vehicles crossing the Golden Gate Bridge each day
- The estimated number of flu deaths prevented by vaccination during the 2017-2018 season: **8,000**  
Twice the number of hospitals in the United States

1. Flannery B et al. MMWR Morb Mortal Wkly Rep. 2018;67(18):180-185. 2. CDC. www.cdc.gov/flu/about/burden-averted/averted-estimates.html. Accessed 3/27/19. 3. Rodhe MA et al. Clin Infect Dis. 2019; Feb 7. [Epub ahead of print].

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## The Role of Antiviral Therapy: CDC and IDSA Recommendations

Recommended **as soon as possible** for any patient with confirmed or suspected influenza who:<sup>1,2</sup>

- Is hospitalized
- Has severe, complicated, or progressive illness, or
- **Is at higher risk for influenza complications**

Also consider in:<sup>2</sup>

- Any previously healthy, symptomatic outpatient with symptom onset ≤2 d before presentation
- Symptomatic patients who are household contacts of high-risk patients
- Symptomatic HCPs who care for high-risk patients

HCP, healthcare provider; IDSA, Infectious Diseases Society of America. 1. CDC. 12/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.html. Accessed 3/27/19. 2. Uyeki TM et al. Clin Infect Dis. 2019;68(6):895-902.

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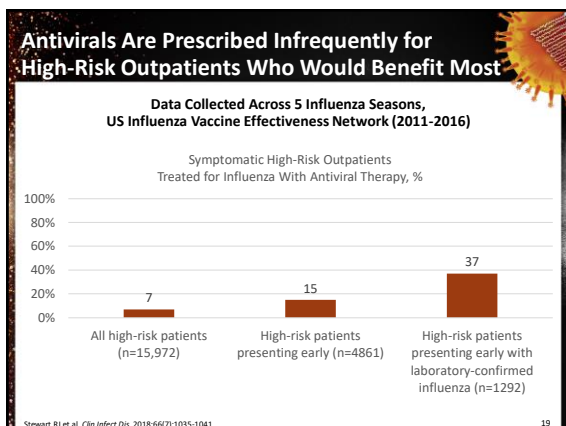
## Benefits of Early Antiviral Treatment (Within 2 Days of Symptom Onset)

- ✓ Shortens duration of fever and symptoms
- ✓ Reduces risk of complications
  - Bronchitis
  - Otitis media
  - Pneumonia
  - Respiratory failure
- ✓ Reduces hospital admissions
- ✓ May decrease mortality among high-risk populations

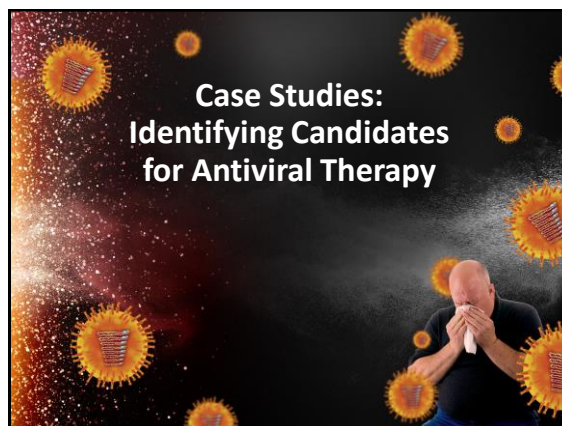
Uyeki TM et al. Clin Infect Dis. 2019;68(6):895-902.

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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients



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### Patient Presentation

- 52-y-old man presents to ED in January with fever and chills
  - Started suddenly ( $\approx$ 72 h ago)
- Other signs/symptoms:
  - Runny nose, sore throat, cough, muscle aches
- Several coworkers had similar symptoms, missed work
- Visited urgent care clinic first day of symptom onset
  - Reports his "quick flu test was negative"; received levofloxacin
- Symptoms are worsening

- PMH/PSH
  - Obesity (BMI 42 kg/m<sup>2</sup>)
  - HTN
  - Dyslipidemia
- No prior surgeries
- Accountant, sedentary lifestyle
- Lives with wife
- No tobacco use, occasional glass of wine, no illicit drugs
- Medications
  - Atorvastatin
  - HCTZ
  - Multivitamin

ED, emergency department; HCTZ, hydrochlorothiazide; HTN, hypertension; PMH, past medical history; PSH, past surgical history. 22

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### Examination

- Vitals – Temp **101.7° F**, pulse **122 bpm**, BP **88/58 mm Hg**, RR **24**, O<sub>2</sub> saturation **82% RA**
- Constitutional – **Appears short of breath**, obese, oriented x3
- Eyes – PERRL, EOMI, anicteric sclera
- Ears, nose, mouth, throat – Normal appearing pinnae, **clear nasal discharge**, dentition intact, **oropharynx erythematous** – no purulence, moist mucous membranes
- Dermatologic – No rashes
- Respiratory – **Scattered rhonchi bilaterally**
- Cardiovascular – **Tachycardic**, regular rhythm, nl s1/s2, no s3 or s4
- Abdomen/GI – Soft, NT/ND, normal active bowel sounds, no hepatosplenomegaly
- Extremities – No clubbing, cyanosis, edema, pulses 2+ bilaterally
- Neurologic – Grossly nonfocal, no tremor, no asterixis

BP, blood pressure; bpm, beats per minute; EOMI, extraocular movements intact; GI, gastrointestinal; NT/ND, non tender/non distended; PERRL, pupils equal, round, reactive to light; RA, room air; RR, respiratory rate

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### Laboratory and Imaging Results

- WBC **19k**, normal Hgb and platelets
- Chem – 7 normal except for **increased BUN 24 mg/dL and Cr 1.4 mg/dL** (baseline 0.7 mg/dL)
- Chest radiograph
  - Cardiomegaly with vascular congestion and pulmonary edema
- DISPOSITION**
  - ADMIT TO HOSPITAL**

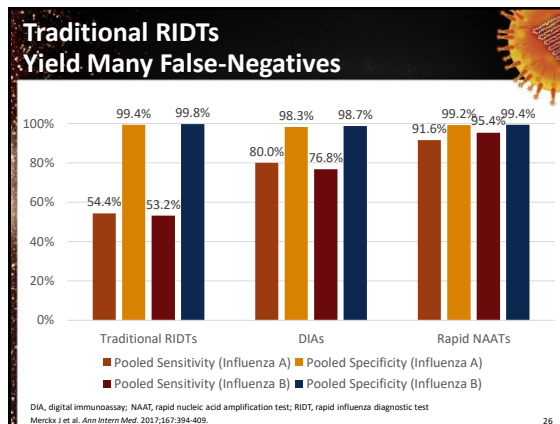
BUN, blood urea nitrogen; Cr, creatinine; Hgb, hemoglobin; WBC, white blood count  
Image courtesy of Jason E. Bowling, MD

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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients

**Is this patient a candidate for antiviral therapy?**

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### Do Not Await Confirmatory Laboratory Results to Start Antivirals in Patients With Influenza Signs/Symptoms<sup>a</sup>

**\*Abrupt onset of respiratory and systemic signs and symptoms, with or without fever**

**General**  
Fever<sup>b,c</sup>  
Chills  
Malaise  
Fatigue

**Pulmonary**  
Nonproductive cough  
Pleuritic chest pain

**Head, Eyes, Ears, Nose, Throat**  
Headache  
Nasal congestion<sup>d</sup>  
Runny nose<sup>e</sup>  
Sore throat/hoarseness

**Gastrointestinal<sup>d</sup>**  
Abdominal pain  
Vomiting  
Diarrhea<sup>e</sup>

**Neuromuscular**  
Myalgia, arthralgia  
Weakness  
Chest pain

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### Is Influenza Testing Needed?

Outpatients with signs and symptoms consistent with influenza (including atypical presentation) **should NOT** be tested if testing will not influence clinical management

**NO**

↓

Start empiric antiviral treatment if patient is high risk or has progressive disease

Patients with signs and symptoms consistent with influenza (including atypical presentation) **should** be tested for influenza if they are being admitted to the hospital

**YES**

↓

Start empiric antiviral treatment while results are pending

CDC. 2/20/18. www.cdc.gov/flu/professionals/diagnosis/consider-influenza-testing.html. Accessed 3/27/19.

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### The Role of Antiviral Therapy: CDC and IDSA Recommendations

Recommended **as soon as possible** for any patient with confirmed or suspected influenza who:<sup>1,2</sup>

- Is hospitalized
- Has severe, complicated, or progressive illness, or
- **Is at higher risk for influenza complications**

Also consider in:<sup>2</sup>

- Any previously healthy, symptomatic outpatient with symptom onset ≤2 d before presentation
- Symptomatic patients who are household contacts of high-risk patients
- Symptomatic HCPs who care for high-risk patients

1. CDC. 12/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.htm. Accessed 3/27/19.  
2. Uyeki TM et al. Clin Infect Dis. 2019;68(6):895-902.

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### According to the CDC, This Patient Is at High Risk for Influenza Complications

- Children <2 y old<sup>a</sup>
- Adults ≥65 y old
- Chronic conditions
  - Pulmonary (eg, asthma, COPD)
  - **Cardiovascular (except hypertension alone)**
  - Renal
  - Hepatic
  - Hematologic (eg, sick cell disease)
  - Metabolic (eg, diabetes)
  - Neurologic (eg, seizures, stroke, developmental delays)
- Immunosuppressed
- **Obese (BMI ≥40 kg/m<sup>2</sup>)**
- Pregnant or postpartum (within 2 wk of delivery)
- <19 y old, receiving long-term aspirin therapy
- American Indians
- Alaska Natives
- Long-term care residents

<sup>a</sup>Although all children <5 y old are considered at higher risk for complications from influenza, the highest risk is for those <2 y old  
CDC. 12/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.htm. Accessed 3/27/19.

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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients

## Obesity Is Prevalent and Dangerous in the Context of Influenza

- Worldwide obesity has nearly tripled since 1975
  - 650 million (13%) of adults are considered obese<sup>1</sup>
- During the 2009 influenza pandemic, obesity was a high risk factor for developing severe complications and dying from influenza virus infection<sup>2</sup>
  - Death due to hospitalization was nearly triple for obese patients in an international study<sup>3</sup>
    - Pooled OR=2.9 (95% CI 1.3-6.6)

CI, confidence interval; OR, odds ratio  
 1. World Health Organization. www.who.int/news-room/fact-sheets/detail/obesity-and-overweight. Accessed 3/27/19.  
 2. CDC. *MMWR Morb Mortal Wkly Rep.* 2009;58:749-752. 3. van Koillie MD et al. *Risc Med.* 2011;8:e1001052.

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## Why Is Obesity a Risk Factor for Influenza-Related Complications and Death?

- Obesity leads to:<sup>1</sup>
  - Altered immune function
  - Chronic inflammation
  - Mechanical difficulties in breathing
  - Increased oxygen requirements
- Poor vaccine response in this population<sup>2</sup>
- Associated with longer duration of viral shedding<sup>1</sup>
- Associated with higher prevalence of comorbidities that confer higher risk for influenza complications<sup>3</sup>



1. Maier HE et al. *J Infect Dis.* 2018;218(9):1378-1382. 2. Neidich SD et al. *Int J Obes (Lond).* 2017;41:1324-1330.  
 3. CDC. *MMWR Morb Mortal Wkly Rep.* 2009;58:749-752.

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## Case Study 2

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## Patient Presentation

- 27-y-old pregnant woman presents in January with 2 days of muscle aches, runny nose, and cough
- Noted a fever today, so came to ob/gyn for evaluation due to concern about her baby
- Her husband has been sick, but she doubts she has the same thing because she received the influenza vaccine in November and he didn't
- PMH/PSH:
  - 20 weeks gestation (first pregnancy)
  - Childhood asthma (not currently on meds)
  - Seasonal allergies
  - Tonsillectomy age 9
- 4th grade teacher
- Lives with husband, 1 cat
- No tobacco, alcohol, or drugs
- No drug allergies
- Medications
  - Prenatal vitamins

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## Examination

- Vitals – Temp 102.3°F, pulse 112 bpm, BP 108/58 mm Hg, RR 16, O<sub>2</sub> saturation 93% RA
- General: Awake, alert woman; mild diaphoresis
- Eyes – PERRL, EOMI, anicteric sclera
- Ears, nose, mouth, throat – Normal appearing pinnae, boggy turbinates and copious, clear nasal discharge, dentition intact, oropharynx erythematous; no purulence, moist mucous membranes
- Dermatologic – No rashes
- Respiratory – Few scattered bibasilar crackles, occasional wheeze
- Cardiovascular – Tachycardic, regular rate and rhythm, nl s1/s2, +s4
- Abdomen/GI – Gravid abdomen appropriate size for gestational age, soft, NT/ND, normal active bowel sounds, no hepatosplenomegaly
- Extremities – No clubbing, cyanosis, edema, pulses 2+ bilaterally
- Neurologic – Oriented x 3, grossly nonfocal, no tremor

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## Laboratory and Imaging Results


- WBC 18, Hgb 10, and platelets 180
- Chem – 7 normal
- Chest radiograph
  - No evidence of acute cardiopulmonary disease



Image courtesy of Jason E. Bowling, MD


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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients



**Is this patient a candidate for antiviral therapy?**

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**According to the CDC, This Patient Is at High Risk for Influenza Complications**


- Children <2 y old<sup>a</sup>
- Adults ≥65 y old
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  - Cardiovascular (except hypertension alone)
  - Renal
  - Hepatic
  - Hematologic (eg, sick cell disease)
  - Metabolic (eg, diabetes)
  - Neurologic (eg, seizures, stroke, developmental delays)
- Immunosuppressed
- Obese (BMI ≥40 kg/m<sup>2</sup>)
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<sup>a</sup>Although all children <5 y old are considered at higher risk for complications from influenza, the highest risk is for those <2 y old. CDC. 3/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.htm. Accessed 3/27/18.

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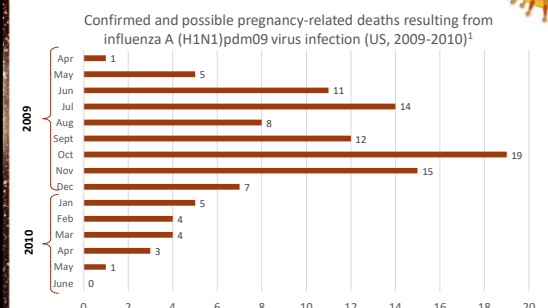
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**Pregnant Women Have Increased Risk of Severe Influenza and Related Mortality<sup>1,2</sup>**


Confirmed and possible pregnancy-related deaths resulting from influenza A (H1N1)pdm09 virus infection (US, 2009-2010)<sup>1</sup>



Year	Month	Number of deaths
2009	Apr	1
	May	5
	Jun	11
	Jul	14
	Aug	8
	Sept	12
	Oct	19
	Nov	15
	Dec	7
2010	Jan	5
	Feb	4
	Mar	4
	Apr	3
	May	1
	June	0

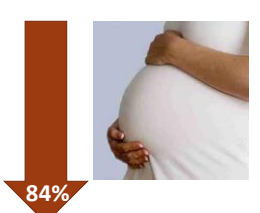
1. Printed with permission from Callaghan WM et al. Pregnancy-related mortality resulting from influenza in the United States during the 2009-2010 pandemic. *Obstet Gynecol*. 2015;126(3):486-490. <https://journals.lww.com/greenjournal>. 2. Louie JK et al. *N Engl J Med*. 2010;362:27-35.

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**Early Antiviral Treatment Improves Outcomes in Hospitalized Pregnant Women**

- 241 women admitted to hospital with laboratory-confirmed AH1N1 virus
  - 83% were treated with antiviral on admission
  - Only 6% had received an antiviral prior to admission
- Early treatment<sup>a</sup> leads to 84% reduction in odds of ICU admission (OR 0.16)




<sup>a</sup>Antiviral therapy within 2 days of symptom onset  
ICU, intensive care unit  
Yates L et al. *Health Technol Assess*. 2010;14(34):109-182.

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**Early Antiviral Therapy Reduces Hospital Length of Stay (LOS) in Pregnant Women**

N=865 pregnant women hospitalized with laboratory-confirmed influenza; 85% received antiviral therapy<sup>1</sup>


	Treated ≤2 d Onset	Treated >2 d Onset	P Value
Median LOS (severe influenza) n=63	2.2 d	7.8 d	.03
Median LOS (nonsevere influenza) n=802	2.4 d	3.1 d	<.01

**Safety of Antiviral Therapy in Pregnant Women**

- Oseltamivir: Not associated with teratogenicity in any trimester; unlikely to lead to toxicity in breastfed infant; preferred for pregnant and breastfeeding women (CDC)<sup>2,3</sup>
- Baloxavir and peramivir: No available data in pregnant or breastfeeding women; no teratogenicity reported in animal studies<sup>4,5</sup>
- Zanamivir: Pregnancy category C<sup>6</sup>

1. Obaho IK et al. *J Infect Dis*. 2016;214(4):507-515. 2. Tamiflu (oseltamivir) [package insert]. South San Francisco, CA: Genentech, Inc; 12/2018. 3. CDC. 3/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.htm. Accessed 3/27/18. 4. Xofluza (baloxavir marboxil) [prescribing information]. South San Francisco, CA: Genentech, Inc; 10/2018. 5. Rapivab (peramivir) [prescribing information]. Summit, NJ: Seqirus USA Inc; 8/2018. 6. Relenza (zanamivir) [prescribing information]. Research Triangle Park, GlaxoSmithKline; 3/2010.

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**Summary**

- Many patients are at high risk for influenza-related complications
- Encourage high-risk patients to seek care for influenza symptoms ASAP
  - Many are unaware of their high-risk status
- History of influenza vaccination does NOT rule out the possibility of influenza virus infection
- Use diagnostic tests with high sensitivity and specificity when warranted
- Do not wait for confirmatory laboratory results before starting antiviral therapy in high-risk patients with suspected influenza

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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients



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### Current Antiviral Options

<b>Xofluza® (baloxavir)</b>  <b>NEW</b> One dose (tablet)	<b>Tamiflu® (oseltamivir)</b>  2 doses per day for 5 days (capsule or liquid)
<b>Relenza® (zanamivir)</b>  5-day course (inhaled powder)	<b>Rapivab® (peramivir)</b>  15-30 minute (IV infusion) Must be given by a healthcare provider

IV, intravenous  
CDC: 3/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.htm. Accessed 3/27/19.

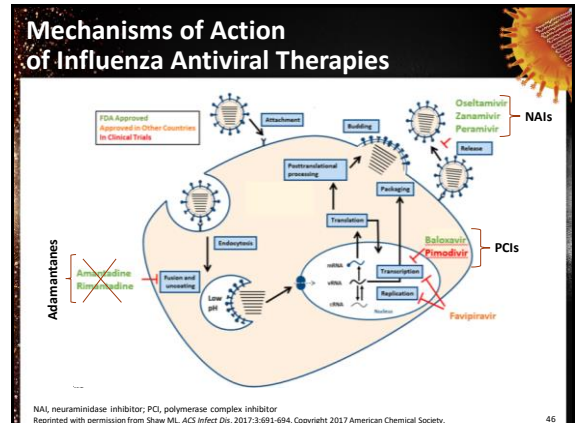
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### Antiviral Medications Recommended for Treatment and Prophylaxis of Influenza

Agent (Route)	Active Against Influenza A and B	Recommended for	NOT Recommended for	Adverse Events
Baloxavir (oral)	✓	Treatment: ≥12 y Prophylaxis: Not recommended	N/a	None more common than placebo in clinical trials
Oseltamivir (oral)	✓	Treatment: Any age Prophylaxis: ≥3 mo	N/a	Nausea, vomiting, headache*
Zanamivir (inhaled)	✓	Treatment: ≥7 y Prophylaxis: ≥5 y	Those with underlying respiratory disease (eg, asthma, COPD)	Risk of bronchospasm, sinusitis, dizziness*
Peramivir (IV)	✓	Treatment: ≥2 y Prophylaxis: Not recommended	N/a	Diarrhea*

\*Postmarketing reports of serious skin reactions and sporadic, transient neuropsychiatric events  
CDC: 3/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.htm. Accessed 3/27/19.

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### Comparison of Oral Influenza Antivirals

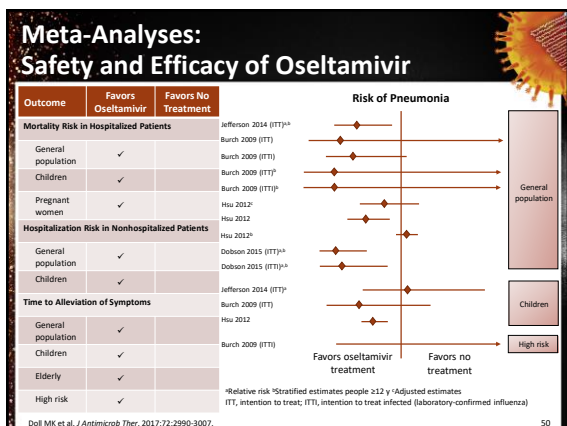
	Baloxavir <sup>1</sup>	Oseltamivir <sup>2</sup>
Indication(s)	Treatment of acute uncomplicated influenza in patients ≥12 y who have been symptomatic ≤48 h	Treatment of acute uncomplicated influenza in patients ≥2 wk who have been symptomatic ≤48 h Prophylaxis of influenza in patients ≥1 y
Formulation(s)	Tablet	Capsules Powder for oral suspension
Protein binding, %	93-94	3
Metabolism	UGT1A3, CYP3A4	Minimal
Excretion, route (%)	Urine (15) Feces (80)	Renal (>99) Feces (<20)
Serum half-life, h	79	1-3
Treatment regimen	Single dose Dose depends on weight	BID for 5 d Dose depends on: age; weight (children); renal status

BID, twice daily  
1. Xofluza (baloxavir marboxil) [prescribing information]. South San Francisco, CA: Genentech, Inc; 10/2018.  
2. Tamiflu (oseltamivir) [prescribing information]. South San Francisco, CA: Genentech, Inc; 12/2018.

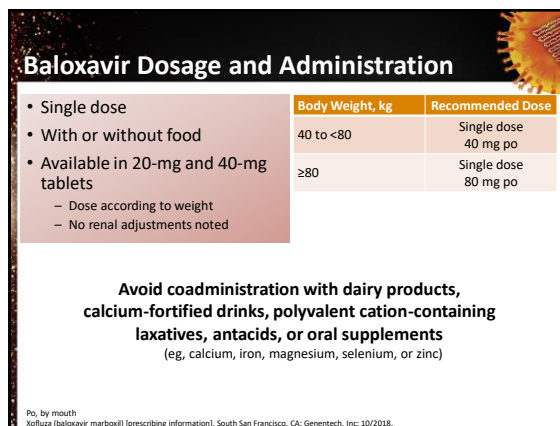
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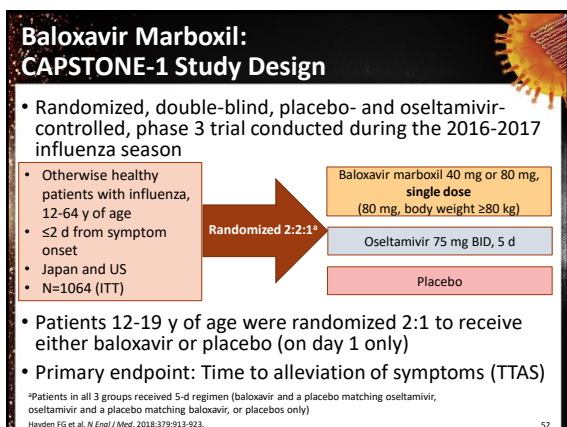
# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients



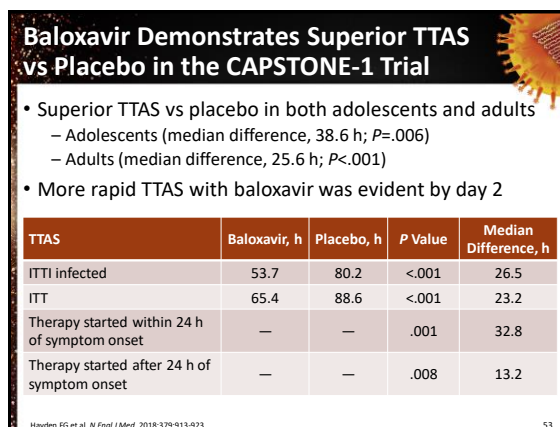
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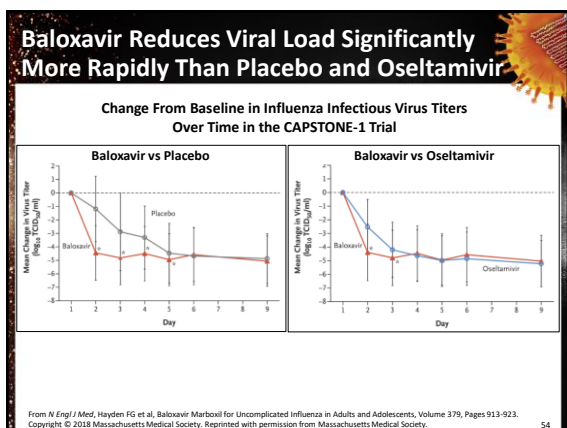
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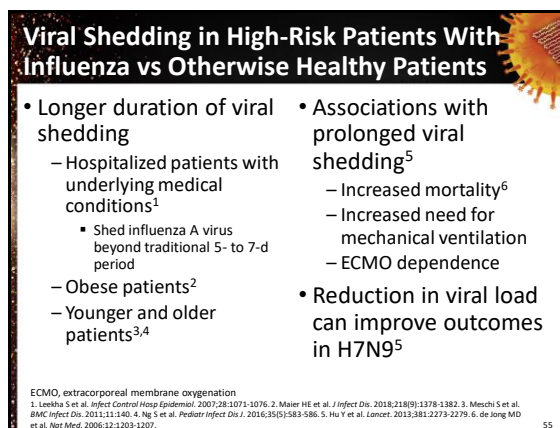
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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients

## Influenza Antiviral Resistance

**Neuraminidase inhibitors**

- Influenza A(H1N1)pdm09 (n=1147)
- Influenza A(H3N2) (n=2354)
- Influenza B (n=1118)

**CDC testing 2017-2018 influenza season<sup>1</sup>**

11 (1%) resistant to oseltamivir and peramivir, but not zanamivir

**Note:** Sporadic emergence of oseltamivir resistance, including clusters of oseltamivir-resistant influenza A(H1N1)pdm09 virus infections, have been reported<sup>2,3</sup>

**Baloxavir**

- In CAPSTONE-1, influenza A(H3N2) virus predominated; 10% of baloxavir recipients with paired sequenced samples had escape mutants detected<sup>4</sup>
- I38T substitution in the polymerase acidic subunit associated with reduced susceptibility of influenza A(H1N1), A(H3N2), and B viruses to baloxavir<sup>5-7</sup>

1. CDC. Updated 11/2/18. www.cdc.gov/flu/about/season/flu-season-2017-2018.htm. Accessed 3/27/19. 2. Hurt AC et al. Antiviral Res. 2009;83:90-93. 3. Meijer A et al. Emerging Infect Dis. 2009;15:552-560. 4. Hayden FG et al. N Engl J Med. 2018;379:913-923. 5. Omoto S et al. Sci Rep. 2018;8:9633-9633. 6. Takahita E et al. Front Microbiol. Dec 2018. https://doi.org/10.3389/fmicb.2018.03026. Accessed 3/27/19. 7. Nochi T et al. Antiviral Res. 2018;160:109-117.

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## Baloxavir Marboxil: CAPSTONE-2 Study Design

- Randomized, double-blind, placebo-controlled, phase 3 trial
- High-risk patients  $\geq 12$  y of age
- $\leq 2$  d from symptom onset
- Japan/US/EU/Asia/Southern Hemisphere
- N=2184

Randomized 1:1:1

- Baloxavir marboxil 40 mg or 80 mg, single dose (80 mg, body weight  $\geq 80$  kg)
- Placebo
- Oseltamivir 75 mg BID, 5 d

- Primary endpoint: Time to improvement of influenza symptoms (TTIIS)
- Secondary endpoints:
  - Antiviral effects (viral titers, duration of viral shedding)
  - Incidence of influenza-related complications
  - Prescription of antibiotics

Isom M et al. Presented at: IDWeek 2018. Oct 6, 2018; San Francisco, CA. Abstract LB16.

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## TTIIS Outcomes in CAPSTONE-2 Trial (High-Risk Patients)

**Superior TTIIS in high-risk patients (n=1163) vs placebo, h**

Baloxavir	Placebo	P Value
73.2	102.3	.0001

Baloxavir	Oseltamivir	P Value
73.2	81.0	.8347

**Superior TTIIS in high-risk patients with influenza B (n=483) vs both placebo and oseltamivir in patients with influenza B, h**

Baloxavir	Placebo	P Value
74.6	100.6	.0138

Baloxavir	Oseltamivir	P Value
74.6	101.6	.0251

Isom M et al. Presented at: IDWeek 2018. Oct 6, 2018; San Francisco, CA. Abstract LB16.

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## Secondary Outcomes in CAPSTONE-2 Trial (High-Risk Patients)

Median Time to Cessation of Viral Shedding, h

Group	Median Time (h)	n
Baloxavir	48	48
Placebo	96	96
Oseltamivir	96	96

- Superior viral load reduction vs both placebo and oseltamivir
- Reduced incidence of influenza-related complications vs placebo
  - 2.8% vs 10.4% ( $P < .0001$ )
- Reduced antibiotic use vs placebo
  - 3.4% vs 7.5% ( $P = .0112$ )

Isom M et al. Presented at: IDWeek 2018. Oct 6, 2018; San Francisco, CA. Abstract LB16.

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## CDC Guidance on Selecting an Antiviral<sup>1</sup>

- Any antiviral may be considered for outpatients with acute, uncomplicated influenza in patients with onset within 2 days of presentation
  - See indications for age restrictions
- Oseltamivir preferred for:
  - Hospitalized patients
  - Outpatients with severe, complicated, or progressive illness
  - Pregnant or breastfeeding patients
- Zanamivir contraindicated in patients with underlying respiratory conditions; pregnancy category C<sup>2</sup>
- No data yet on baloxavir in patients who are hospitalized, pregnant, or have severe renal impairment, or pediatric patients

1. CDC. 12/27/18. www.cdc.gov/flu/professionals/antivirals/summary-clinicians.htm. Accessed 3/27/19. 2. Relenza (zanamivir) [prescribing information]. Research Triangle Park: GlaxoSmithKline; 3/2010.

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## More to Come

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# Reducing Complications of Influenza: Update on the Use of Antiviral Agents in Vulnerable Patients

## Baloxavir Is Being Studied in Pediatric Populations: Phase 3 Trials

Study Type (Estimated Enrollment)	Study Population/ Intervention	Primary Outcome Measures	Estimated Primary Completion
Multicenter, single-arm, open-label <sup>1</sup> (n=30)	Cohort 1: ≥3 mo to <12 mo (baloxavir 2 mg/kg) Cohort 2: ≥4 wk to <3 mo (baloxavir 1 mg/kg) Cohort 3: birth to <4 wk (baloxavir 1 mg/kg)	% patients with AEs and SAEs up to day 29	May 2020
Multicenter, randomized, double-blind, active (oseltamivir)-controlled <sup>2</sup> (n=120)	Otherwise healthy patients 1 to <12 y with influenza-like symptoms	% patients with AEs and SAEs up to day 29	June 2020

AE, adverse event; SAE, serious adverse event  
1. ClinicalTrials.gov. 11/30/18. www.clinicaltrials.gov/ct2/show/NCT03653364. Accessed 3/27/19.  
2. ClinicalTrials.gov. 2/4/19. https://clinicaltrials.gov/ct2/show/NCT03629194. Accessed 3/27/19.

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## Baloxavir + NAI Under Investigation in Hospitalized Patients With Severe Influenza

- Randomized, double-blind, placebo-controlled, phase 3 trial

Patients ≥12 y who require hospitalization for severe influenza or acquire influenza during hospitalization (N=240)

➔

Baloxavir marboxil + SOC NAI (oseltamivir, zanamivir, or peramivir)

Placebo + SOC NAI (oseltamivir, zanamivir, or peramivir)

Randomized 2:1

- Primary endpoint: Time to clinical improvement
  - Time to hospital discharge or time to NEWS2 of ≤2 maintained for 24 h
- Estimated study completion: July 2021

NEWS2, National Early Warning Score 2; SOC, standard of care  
ClinicalTrials.gov. 2/4/19. https://clinicaltrials.gov/ct2/show/NCT03684044. Accessed 3/27/19.

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## Summary

- Antiviral therapy is recommended as soon as possible in high-risk patients with influenza signs and symptoms—*regardless of whether the patient has been vaccinated*
  - Also consider use in any previously healthy, symptomatic outpatient with symptom onset ≤2 d before presentation AND
  - Symptomatic patients who are household contacts of high-risk patients AND
  - Symptomatic HCPs who care for high-risk patients
- Start antiviral therapy without awaiting laboratory test results in patients with signs and symptoms of influenza
- Choose an antiviral based on efficacy, safety, indications, resistance patterns, and patient characteristics
- Recommendations will likely evolve as new data emerge

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## Questions?

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## THANK YOU!

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