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Post-test Question & Answers for NMPHa Conference

1. Q: What are the three steps in an effective Brief Tobacco Intervention?
A: Ask, Advise, Refer
2. Q: What are the numbers for the free cessation services in NM?
A: 1-800 QUIT NOW and 1-855 DEJELO YA for Spanish services
3. Q: What are the 3 cessation service options a participant can enroll in to receive help in quitting tobacco?
A: Phone, Web, "A-La-Carte" services
4. Q: Name 3 nicotine replacement therapies that are offered for free through the cessation services in NM?
A: Patches, gums, lozenge
5. Q: Besides the NM Cessation Services, what 3 other services/programs does the NM Tobacco Use Prevention and Control (TUPAC) Program offer to healthcare professionals?
A: Online trainings, NM Health Systems Change Training and Outreach Program, and order of free promotional materials