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## PHARMACY-BASED NALOXONE DISTRIBUTION: SUCCESSES, CHALLENGES, AND OPPORTUNITIES

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### ACKNOWLEDGEMENTS

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### OBJECTIVES

- Describe the need to address opioid-related overdoses in the state of New Mexico
- Describe "A Dose of Reality" training program strategies for improving access to naloxone
- Address common stigmas around opioid use and naloxone distribution that may pose a barrier to care
- Outline the progress New Mexico has made in reducing overdose death rates and opportunities for future improvements
- Review "A Dose of Reality" program results over the past year
- Describe lessons learned from "A Dose of Reality" participants
- Outline process to request naloxone training and benefits of training for all staff, including pharmacists, pharmacy technicians, & pharmacy clerks

### Please select the most appropriate answer

- I have never dispensed naloxone
- I have dispensed 1 - 5 naloxone prescriptions
- I have dispensed 5 - 10 naloxone prescriptions
- I have dispensed more than 10 naloxone

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### How many pharmacists write for naloxone to give to patients?

- Using Dr. Michael Lander as the provider
- Under the pharmacist's name
- Using the patient's primary care provider as the prescriber
- N/A, naloxone is "behind the counter" and is not prescribed

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### is the proper way to bill for naloxone/MAD (mu atomization device) rescue kit?

- Naloxone quantity of 2, then MAD in separate prescription
- Naloxone quantity of 4 + MAD + administration fee all in same prescription
- "Naloxone kit" quantity of 1

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### does the New Mexico Board of Pharmacy require a pharmacist who would like to dispense naloxone at his/her pharmacy?

- 3 Hour didactic training course
- A New Mexico Registered Pharmacist license
- A New Mexico Pharmacist-Clinician license

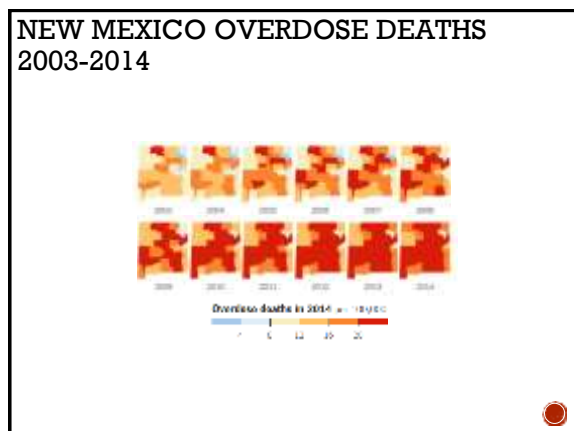
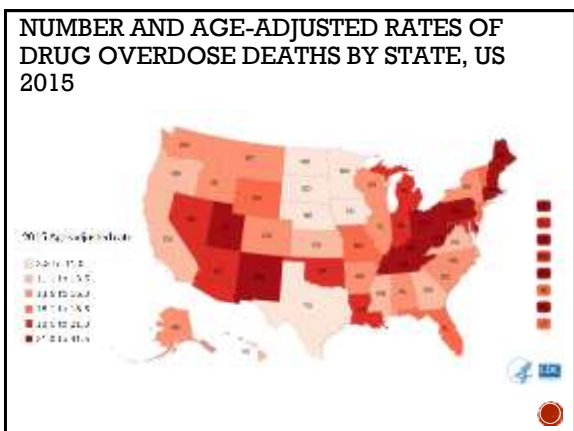
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## NEW MEXICO OVERDOSE DATA

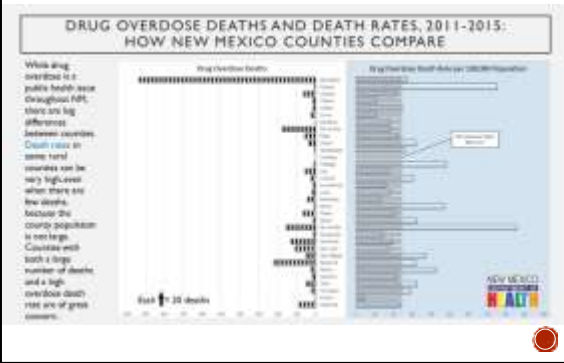
### How did NM do in overdose rates from 2014 to 2015?

- Improved (Overdose rates went down)
- Worsened (Overdose rates went up)

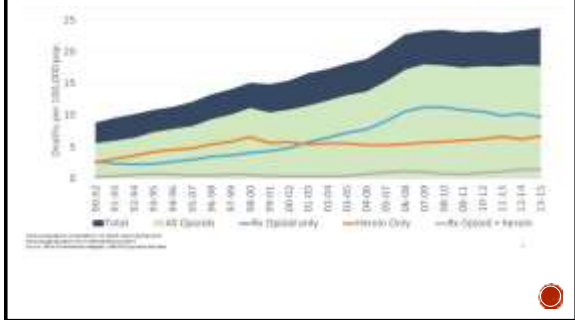
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## NEW MEXICO DATA BY COUNTY



## DRUG OVERDOSE DEATH RATES FOR OPIOIDS, NM 1990-2015



## ROLE OF PHARMACISTS IN OPIOID OVERDOSE PREVENTION



At least  $\frac{1}{2}$  of all opioid overdose deaths involve a Rx

## YOU CAN BE PART OF THE SOLUTION!



## NALOXONE

## NALOXONE MECHANISM OF ACTION



## PRODUCTS AVAILABLE TO DISPENSE



Products have you dispensed/counseled on? I - Narcan 0.4mg/mL syringe + nasal atomizer II - Narcan 0.4mg/0.1mg nasal spray III - Evzio 0.4mg IM injection

All of the above

I & II only

I & III only

II & III only

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## OVERDOSE PREVENTION

- **Harm reduction:** reduce risk and death
  - Counsel patients on the appropriate use of opioids
    - Avoid mixing opioids with alcohol or other CNS depressants
- Give naloxone to patients to prevent death from overdose
- Offer a supportive environment to patients
  - Do not judge people who use opioids
- Refer patients to treatment if/when they are ready
  - Try to meet patients where they are, do not push your beliefs on them

## NALOXONE DISTRIBUTION

## HISTORY OF NALOXONE DISTRIBUTION IN NM

- 2001 Naloxone distribution to end user limited to DOH harm reduction programs (with physician standing order)
- 2014 pharmacist prescriptive authority in New Mexico (first state in the US)
- 2016 Senate Bill 262 & House Bill 277 passed
  - Statute NMSA §24-23-1 *Authority to Possess, Store, Distribute, Dispense, Prescribe and Administer Opioid Antagonists; Release from Liability; Rulemaking.*

## STATEWIDE STANDING ORDER

- NMSA §24-23-1
- March 18, 2016 – State Epidemiologist, Dr. Michael Landen
- A licensed provider may directly or by standing order prescribe, dispense, or distribute an opioid antagonist to:
  - A person at risk of experiencing an opioid-related overdose
  - Family member, friend, or other person in a position to assist a person at risk of experiencing an opioid-related overdose
  - An employee, volunteer, or representative of a community-based entity providing overdose education and prevention services that is registered with the department
  - A first responder

## WRITING FOR NALOXONE UNDER THE STANDING ORDER

**NEW MEXICO DEPARTMENT OF HEALTH**  
**Standing Order For Naloxone**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_

*(Printer use only - this space following retention protocol to ensure product availability and performance)*

**Naloxone HCl Solution 4 mg/mL, 2 mL pre-filled team each Syringe**  
 Qty: 2 or 2 mL syringes 2 mL (total with two nasal mucosal atomizers device)  
 Rx: As written and carry one half of pre-filled syringe to each room.  
 Renew after 3 months if no response. Call 505. \_\_\_\_\_

**Nascent® Nasal Spray (naloxone HCl) 4 mg/0.1 mL Nasal Spray**  
 Qty: 1 box containing two 4 mg/0.1 mL doses of naloxone  
 Rx: Administer 2 single doses of Nascent® to one nostril.  
 Renew after 3 months if no response. Call 505. \_\_\_\_\_

**Naxol® (naloxone HCl) 0.4 mg/0.8 mL auto-injector**  
 Qty: 1 box containing two auto-injectors  
 Rx: Follow auto-injector's instructions. Place on thigh and inject 0.8 mL.  
 Renew after 3 months if no response. Call 505. \_\_\_\_\_

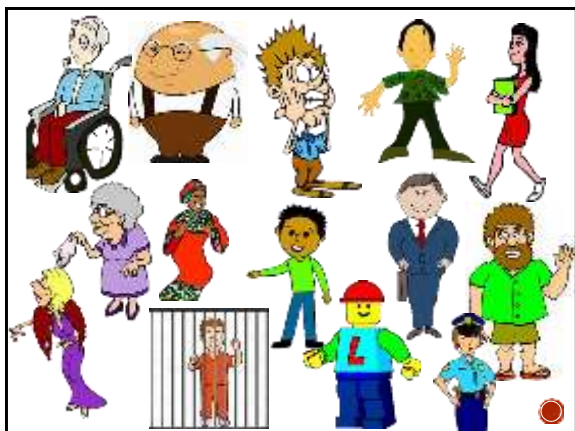
Supplier: **Pharmacia** Manufacturer: **Markel** Lot#: **XXXXXX** NPL: **08113 08113**  
 1200 S. Santa Fe Ave. Ste 1000  
 Santa Fe, NM 87505-4175

For questions please contact:  
 The Prescription Drug Distribution Program at the Department of Health at 505.426.1000

For refill training please contact:  
 North-west 1200 Santa Fe Pharmacy at 505.426.1000

## WHO IS AT RISK OF OVERDOSE?

- Anyone who:
  - Takes opioids (including Suboxone®)
    - Higher risk with polysubstance use
    - Has kids/grandkids/teens at home
    - Older adults higher risk
  - Uses heroin
  - Has overdosed before
  - Has been recently released from prison/jail
  - Knows someone who takes opioids
  - Lives far from medical services



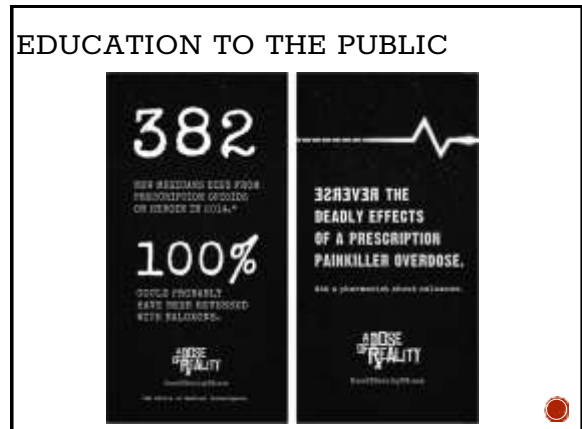
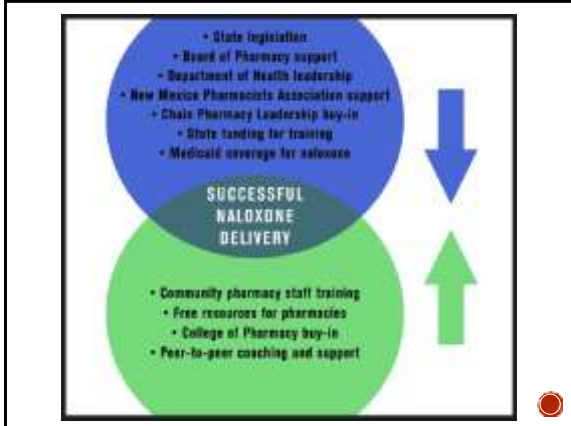
## SAFETY FIRST!



are some barriers that you've experienced with naloxone distribu

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## STRATEGIES FOR NALOXONE DISTRIBUTION



## NALOXONE REVERSE THE DEADLY EFFECTS OF AN OPIOID OVERDOSE.

### Pharmacy Naloxone Training

- Free onsite naloxone training for **ALL** staff (pharmacists, interns, techs, clerks)
- Free live CE for licensed pharmacist and technicians (2 hours)
- Access to expert community pharmacists for troubleshooting
- Everything you need to start dispensing naloxone under the standing order TODAY!
  - Free naloxone demonstration kit
  - Free naloxone kits – (as grant funding allows)
  - Free pre-printed prescription pad
  - Ordering guide
  - Insurance billing guide
  - Free educational brochures for patients (English and Spanish)
  - Free advertising material for your pharmacy

ASK ME ABOUT NALOXONE







## REQUESTING TRAINING

## CONTACT US!

- Come see our booth in the exhibit hall for more information
- Email [kmorton@southwestcare.org](mailto:kmorton@southwestcare.org)
- Call 505-989-8154

## YOU CAN BE PART OF THE SOLUTION!



## ADDITIONAL RESOURCES

- Harm reduction resources
  - [www.nmhivguide.org](http://www.nmhivguide.org)
- New Mexico Pharmacists Association
  - <http://www.nmpharmacy.org/naloxone-resources>
- Narcan® nasal spray training video
  - <http://www.narcannasalspray.com/nns-4-mg-dose/how-to-use-nns/#video>
- Safer use of pain medication
  - <http://nmhealth.org/about/erd/ibeb/pos/>
- Addiction treatment
  - New Mexico recovery help
    - [www.recoverynewmexico.com](http://www.recoverynewmexico.com)
- Suboxone®/buprenorphine providers
  - <http://www.samhaa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator>
- Treatment services in the US
  - [www.findtreatment.samhaa.gov](http://www.findtreatment.samhaa.gov)

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